2018 ANNUAL REPORT

A safe starting place

An encouraging middle place

A healthy ending place





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MEMBERS DONORS VOLUNTEERS:

Here's how you helped us help Crawford County throughout 2018
Thank you for strengthening FAMILY with us!

While the intense and urgent needs identified here require more times of direct contact to effectively serve, more of the families we helped have issues that are less pressing and may come to us only one or a couple times for listening, encouragement, and resources.

WE ATTENDED FAMILIES







Single Parent Dads



Single Parent Moms



Domestic Violence (Including Children)



Adoption Related



Housing Needs



Homeless



Custodial Battles



Need Caregiver Support



Follow Up or Revisiting



Mental/Emotional → Health Concerns



Substance Abuse



Untimely Pregnancy



Developmentally Disabled

Adoption Related - Breakdown

- Support with traumatic childhood before adopted
- Assistance with connecting with adoptive subsidy
- ••• Adoptive parents struggling with behavioral/emotional needs of child
 - Assistance to adult adoptee seeking medical information of birth family
 - Review and re-building boundaries for ongoing connection between adoptive family and birth parent

Mental/Emotional Health Concerns - Breakdown

Anxiety & Depression

Schizophrenia (diagnosed, support needed)

Bipolar Disorder (diagnosed, support needed)

Undetermined/Untreated/Suspected

Co-existing with substance abuse

Need Caregiver Support - Breakdown

Minor with developmental disorder (Autism, Asperger's, ADD, ADHD, etc.)

Minor with emotional/behavioral challenges

Spouse caregiving for medical reasons (Cancer, disease) Spouse caregiving for aging related

Homeless

Adult child caregiving for aging parent Parents caring for adult child's medical care

WE NURTURED

EVERYDAY LIVING

- Stress due to family issues
- Work-related stressors
- Relationship Issues
- Children traumatized
- Parenting struggles
 —preschool through young adults
- · Financial challenges
- · Anxiety and/or depression
- · Religious help
 - -discouraged, illness, devotionals
- Aging Parents
- Marriage seasons
- Caregivers
- Health related stressors
- · Attention to youth, teens

WE RECRUITED

OR HAD PRACTICAL HELPING ITEMS

5

Books or hard copy resources



Struggling due to temporary strain

One family needed & another family gave (clothing, furniture, etc.)

WE RESOURCED

- Finding reliable information specific to personal situations
- Sr. Citizen housing options
- Healthy Diet, Nutrition,
- Optimal Emotional Health
- Specific Mental Health issues
- Specific medical conditions
- A --!-- --!--
- Aging issues (dementia, legal preparations)
- Veteran benefits
- Family lifestyle
- Grief Recovery
- Financial
- Faith
- Parenting tools and skills

We All Hit Rough Times—

These 2018 figures include the young and the old; all incomes, many professions, & underemployed or disabled; members of local congregations & unchurched.

WE DELIVERED drove on Tuesdays while WESCO Day Hab Program drove on Thursdays volunteer Schleswig Meals Avg. recipients drivers & per delivery on Wheels Subscribed deliveries middle school recipients, arranged ₁ students combined miles (most donated)

WE COMPLETED FEE-BASED SERVICES

Custodial Home Evaluation



Hired underemployed helpers to prepare a full house for sale & moving

WE ARRANGED CREATIVE HELPING

Finding suitable housing for families

Temporary task creation for underemployed adults

Task creation for developmentally disabled youth and adults

Mentoring support assigned to youth

Parent peer mentoring support

Senior mentoring support helping/befriending

WE MANAGED UNIQUE INCOME AVENUES

Sparrows Nest - Created space, inventory of

\$2207

plus more in donations



Crafters offering from 15 to 50% off retail price

at The Sparrow's Nest

Schleswig Can & Bottle Redemption

21,9824

Also, printer cartridge recycling

UNIQUE INCOME ··· OTHER ACTIVITIES AVENUES · AND EVENTS

- Moved to new location in March
- Open House/Ribbon Cutting in June
- · Sparrow's Nest Gift area opened
- Family Den visiting area opened
- Family Helping Closets set up
- Fall Fundraiser-Dinner/Auction
 - Over 100 recycled, upcycled, repurposed or crafted items donated for auction
 - Over 40 crafters donated time
 - 22 Sponsors for projects
- 7 Table sponsorships
- Coat Drive
 - 130+ coats collected
 - 40+ shared (Remaining brought to West Central)
- Christmas Open House

WE RECEIVED

REFERRALS FROM

- Public Health
- Teachers
- Domestic Violence Professionals
- Transitional Living Professionals
- Pastors
- Public Assistance Professionals
- Local Business People
- · Neighbors, Friends, Relatives, Family
- Self Inquiry
- Attorney

WE MADE REFERRALS

Public Health | Home Health | Domestic Violence Professionals

Pastoral Care | Transitional Living Professionals | Public Assistance Avenues

Medical Professionals | Mental Health Professionals

Programs for: Disabled, Emotional Health, Grief Support

REOCCURRING THEMES (NEVER ENOUGH):

Nurturing parental support/skills

Post substance abuse treatment support

Understanding of mental/emotional/developmental health issues

Caregiver Support

Connection to purposeful alternatives for salaried work for disabled/underemployed adults

Strengthening Families in Crawford County in big & small ways!



"I didn't know who I could go to find a good adult who could just spend time with my child and help them gain some confidence and learn how to get along with their friends"



"Our child is in substance abuse treatment, we have so many emotions going on!"



"Dad needed someone to just visit with Mom and give him a break"



"I'm pregnant and my situation is very complicated. What if I am not ready to parent yet?"

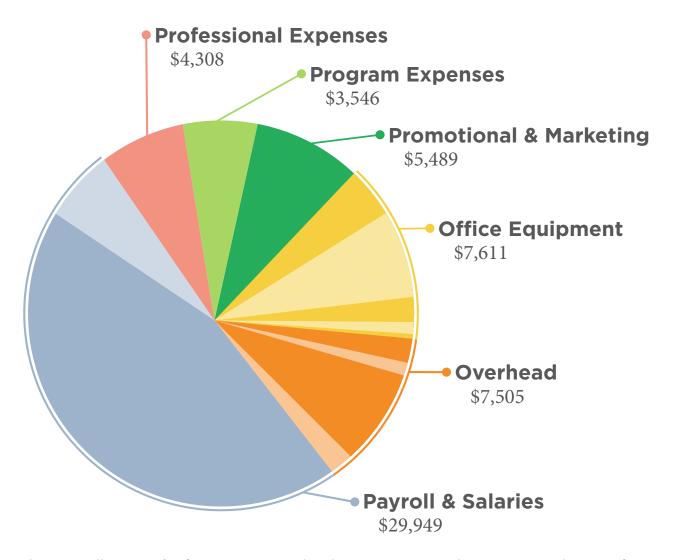


"I was scared to go to therapy, but with Crossroads' patience and help and reinforcing why it was important, I found someone I trust and am comfortable with"



"We learned of some educational resources available to kids with special needs"

Expenses 2018



The entire yellow area of Office Equipment was largely one-time expense due to moving to the new office. Technology is the only anticipated new equipment need and it is not urgent at this time.

However, most of the Office Equipment category will not be available to roll into to Payroll & payroll expense category since these items were largely accessed through grants that require tangible items (not usable for wage).

Overhead and professional expenses are expected to remain approximately the same.

\$83,040 2018 Minimal Desired Adequately Staffed Budget

Including roles of General Manager, Development & Relations Manager, Office manager, Social Worker, Director

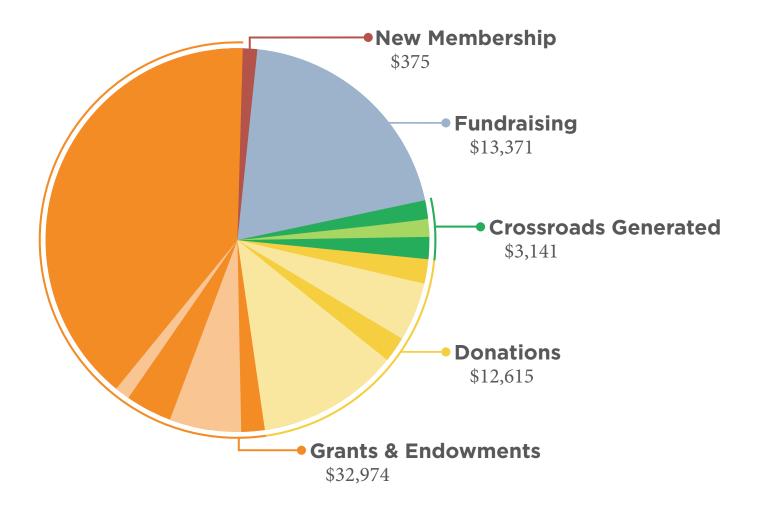
\$34,181 2018 Actual Staffing Paid

\$48,819 UNMET STAFF WAGES NEEDS

Combined payroll (Director plus 4 assisting part time staff, 2 contracted staff persons, payroll tax, workman comp, and liability)

Growth in the payroll are essential to sustainability of Crossroads of Crawford. This would come from increased fundraising and donations to enable direct time. Approximately \$3020 in Professional Expenses was for contracted part time/as needed staff.

Sources of Income 2018



The Crossroads fee-based generated funds includes Sparrow's Nest, can & bottle sorting/redemption, and specialized services.

We plan for growth in these areas over the next years, as well as in new memberships. Please help spread the word that these do help strengthen and sustain us.

Fundraising is also anticipated to grow, especially if a staff person can focus on relationships and development within the community.

Donations

Up to \$100

Melvin & Marcella Peterson Anna Teut Memorial Carol Brus Memorial Steve & Donna Meinen Steve Slater Chris Mahnken Dale & Sandy Gronau St. John's Lutheran, Kiron Volkert Sales LLC Reynolds Clothing Kiron Auto St. Paul Lutheran LWML Michelle Ahrenholtz Our Savior Women's Guild Maple Creek Apparel

\$101 - \$499

Robert Reimer
Ellie Menz
Marge Benson Memorial
Ray & LaVonne Friedrichsen
Dave & Linda Muhlbauer
Craig Bogatzke
Don & Sheila Lammers
Crawford County Cattlemen Assoc.
United Bank Iowa, Denison
United Bank Iowa, Schleswig
Bank Iowa, Schleswig
St. Paul/St. Luke Sunday School VBS
Denco B. ltd.

Denison Livestock & Auction
1st Choice Commodities, Brian Sieren
Broadway Dental
GFC Agriproducts, LLC
Our Savior Lutheran Quilters
St. Paul Lutheran Church Endowment
Immanuel Lutheran Ladies Aid
TOPS IA Denison
Kiron Baptist Sharing Fund
Unanimous
Waldemar Farms
United Church of Christ, Schleswig
Immanuel Lutheran, Schleswig

\$500 - \$1000

Bank Iowa (Corporate) Randy & Mindy McCright Henry & Beverly Jessen Sandra Waldemar Gary & Karen Christiansen Reliance Construction Schleswig Community Chest Johnson Propane Dennis & Coleen Bruhn Larry & JoAnn Clausen

Fundraiser Table Sponsorships \$100-200

Hoffman Agency, Schleswig Farmer's Mutual, Schleswig Mike & Becky Friedrichsen Dennis Reimer Lutheran Services in Iowa

Grants, Foundations & Budgeted Giving

Schleswig Basic Fund Immanuel Budgeted Gift Omaha Foundation/Crawford Walmart Jens Carstensen Endowment Fund, United Church of Christ Schleswig Thrivent Action Teams

Drivers for Meals on Wheels (mileage & time)

Neal Nahnsen Sandy Hummel Dennis Reimer Jac Friedrichsen Gail Hatfield Janette Clausen WESCO Dayhab

In Kind Donations—Value over \$150

Kessel Construction Feller Furniture Crossgrain Woodworking Computer MD/Jason Turin Curtis Koerner Auctioneering **Bob Boettger Auctioneering**

Staley's Food Service Larry Luvaas Rachel Mentink Angie Rosener Winnevegas Casino Kristen Blum

In Kind Donations—Value over \$1000

Mike & Becky Friedrichsen **Bev Peters**

Larry Kepford

In Kind Donations (For New Office location, Sparrow's Nest, and Helping Closet)

Dave & Iac Friedrichsen Connie Clinton Karen Christiansen Grant Clausen Pam Eddins Michael & Gail Hatfield Emily Blum

Larry & JoAnn Clausen Anonymous x 5

Chris Mahnken Kiron Lumber

C&M Painting Kathy Clausen Marlene & Loren Lee Meriah Blakley Donna Meinen

Dennis & Lorene Reimer

Larry Luvaas

Cody & Brit Bremser

Immanuel Lutheran Quilters United Church Westside Gordon & Barb Quandt

In Kind Donations for Fall Fundraising Auction

Iulie Brown Janice Jepsen Jan Schultz Amy Schroeder Lisa Schroeder Candace Bral

Duane Mullen Jared Petersen

Sandra Waldemar Larry Kepford Christine Namanny

Nelson Salazar Iconic Screen Printing

Sweet Custom Cakes, Amy Meseck

Eagle Vision Creations, Jeff & Susan Lanholtz

Jack Johnson

Schleswig Community Club House Trendue Salon & Spa, Ashley Beeck

Josh Beeck

Body by Pure, Vickie Willson

The Junkery

My Stitching Peace, Jean Devereux

Sister Sweets

K & A Design, Kevin & Annie Sturm

The Splintered Spool, John O'Brien

Loren & Marlene Lee

Immanuel Lutheran Quilters

Walmart Subway

Sunshine Styles BW Outfitters

Dennis Graham, Windmill Art

Brittany & Cody Bremser

Henry Doorly Zoo

Schleswig Country Club

Shear Delight Don's Inc.

Grant & Janette Clausen

PPP Design Orlando Zamago

Karol Hast Donna Koch Gloria Roemeling Ryan Nemitz Renae Hugen Sue Kaihoi

Kim Larsen Pam Steuk

OUR TIMELINE

2015

MARCH - SEPTEMBER

• Gathering input from local people (professional and lay) about what our community needs toward goal of healthier families

MAY - AUGUST

- Forming the initial Board of Directors
- Introducing the concept of the outreach to community members

JULY

• 1st written public overview of what Crossroads would provide was introduced

JULY

• Meet and greet, informational lunch with ATLAS Director Jerry Kieft to explore option of becoming an ATLAS satellite and/or the structure for such an outreach agency

SEPTEMBER

- 1st board meeting, 5 founding members
 - Review program intent, development and scope
 - Identify Executive Board (need names, address, phone, email)
 - Vote on incorporation
 - Vote on non profit status filing
 - Assign officers--secretary, chairman, vice-chair, treasurer
 - Regular meetings date and time/Email agenda and voting
- 1st family served when a board member realized need. Youth Mentoring and support casework and collaboration with other local supports

NOVEMBER

- Organizational Board Meeting: Election of Officers and Articles of Incorporation Filed with the State of Iowa
- Office space offered and accepted at Our Savior Lutheran Church basement

DECEMBER

• Received an EIN (Employer Identification Number) from Dept of US Treasury

2016

APRIL

• Offered to the Community the first educational/support session: Dementia and Caregivers

MAY

• Received 501c3 status from Internal Revenue Service (public charity & tax exempt)

SEPTEMBER

- Fundraising began
 - 1st annual meeting: Board of Directors and open to the community & invitees

NOVEMBER

• Meet & Greet community event at Cronk's

2017

APRIL

• Community Educational event: Empowered to Connect Conference at CCMH

SEPTEMBER

• 1st annual fundraiser, doubles as annual meeting 'Right Under Your Feet' speaker and dinner held at Boulders Conference Center in Denison

DECEMBER

- Offer for rental space at 3707 Timberline Drive
- Board of Directors met and approved unanimously

2018

MARCH

• Moved to 3707 Timberline Drive, Denison

JUNE

• Open House at New location including Sparrow's Nest gift and décor area and Family Den visiting area for families

SEPTEMBER

• 2nd annual fundraiser & annual meeting 'Beauty in Brokenness' auction and dinner held in Schleswig Community Building

DECEMBER

• Christmas open house at Crossroads

Members

Lue Baker Enoch & Megan Bauer Mike & Tracy Beeck Taylor Borkowski Jarel & Candace Bral Cody & Brittany Bremser Steven & Kathy Brownmiller Dennis & Coleen Bruhn Tim & Lila Bubke Bonard Christensen Gary & Karen Christiansen James & Linda Christiansen Cody Clausen Colton Clausen Larry & JoAnn Clausen Leon & Phyllis Clausen Grant & Janette Clausen Reggie & Connie Clinton Dave & Jac Friedrichsen Michael & Gail Hatfield Jeff & Sandy Hummel Dennis & Pat Jepsen Dixie Johnson John & Cheryl Kelly Phil & Jolene Ketelsen Sherry Kohnekamp Pastor David Loeschen Larry Luvaas Randall & Melanie McCright Steve & Donna Meinen Wayne & Joyce Miller Lynette Mohr Duane & Chris Mullen Jan Norgaard Gary & Beverly Peters Melvin & Marcella Peterson Kathy Schneider Caleb & Emily Schroeder Dan & Dana Schroeder Doyle & Rhonda Slavik Janet Smith Carol Teut Kendall Von Glan Karen Wood