

Sr. Citizen Safety Information

According to the Senior Caregiver Alliance, a senior citizen is treated for fall-related injuries. For anyone who is a family member or friend of such a person, that statistic really strikes at the heart. The Senior Caregiver Alliance has been focused putting together some resources on fall prevention. Check out great ways to increase safety at home for seniors:

Selling a Home with Modifications for Older Adults

<https://www.homecity.com/home-modifications-and-selling-your-home>

The Complete Guide to Home Modifications to Prevent Falls

<https://www.bigrentz.com/how-to-guides/guide-home-modifications-prevent-seniors-falling>

Fall Prevention

<https://www.ncoa.org/healthy-aging/falls-prevention/>

Fall Prevention & Mobility: Practical Safety and Organization Strategies for Seniors

<https://www.yourstoragefinder.com/fall-prevention-organization>

Helping a Senior Regain Confidence After a Fall

<https://www.fivestarseniorliving.com/blog/health-wellness/helping-a-senior-regain-confidence-after-a-fall>

Senior Fall Prevention: A Roadmap for Navigating Resources and Benefits

<https://www.justgreatlawyers.com/fall-prevention-resources>